

**As summer approaches**, there are more opportunities to go to the sea or river with family and friends. To prevent water accidents, pay close attention to safety when playing in the sea or river, and be sure to keep the following rules.



**(1) Stay away from the “Do not enter” area**

Never go near areas with signs such as “Do not enter” in the sea or rivers.

**(2) Do not push yourself too hard when you are not feeling well**

It is dangerous to enter the water when you are not feeling well, and if you feel tired or are lack of sleep, do not push yourself too hard.

**(3) Avoid acting alone**

Don't act alone. When you go out, tell your family and other people where you're going and when you'll be home.

**(4) Keep an eye on your child**

Please ensure that children never play alone in the sea or rivers; an adult must always accompany them. Make sure the children wear life jackets that fit properly and keep a close watch on them at all times.

**(5) Do not go into the sea or river after drinking alcohol.**

Swimming after drinking alcohol is extremely dangerous, regardless of whether it is in the sea or river.

Please refrain from swimming after drinking alcohol. It may also lead to you taking your eyes off your child.



**(6) Always wear a life jacket**

Wear a life jacket that matches your body size. Be sure to maintain and inspect the product when wearing it.



**(7) Securing means of communication**

Make sure you have a means of communication, such as a cell phone, so you can quickly report to rescue personnel. We recommend using a waterproof pack with straps to prevent it from submerging in water and becoming unusable.

Call 110 (police) or 119 (fire department) for rescue, or call the Japan Coast Guard's emergency number 118.

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Source: Ministry of Land, Infrastructure, Transport and Tourism website:

River drowning accident prevention portal site

<https://www.mlit.go.jp/river/kankyo/play/anzenriyou.html>